ST JOSEPH, UPTON UPON SEVERN, WITH OUR LADY AND ST ALPHONSUS, BLACKMORE PARK

This parish forms part of the Archdiocese of Birmingham: Registered Charity No. 234216

Parish Priest: Fr. Nazarius Mgungwe (01684 574250 – resident at St Joseph's, Malvern)
Fr Hugh Sinclair (retired – 01684 592602 – resident at St Joseph's, Upton)
Deacon: Rev'd. Seán Duffy (07913 163696)

The Parish Account name is: *Blackmore Park and Upton*

St Joseph's Church, 9 School Lane, Upton upon Severn, Worcs. WR8 0LA.
Our Blessed Lady and St Alphonsus, Blackmore Park, Hanley Swan, Worcs. WR8 0EA

Hospital Chaplains: Worcester Royal, Newtown and South Bank: 01905 963712

Parish Website: stjosephupton.co.uk

Confession: Fr Hugh hears confessions before 4pm Mass on Saturdays; or by appointment

Mass Times:

Sat 07 Mar	4.00pm	Blackmore Park	
Sun 08 Mar	9.00am	Upton	
Tues 10 Mar	9.30am	Upton	
Thurs 12 Mar	10.00am	Blackmore Park (Exposition from 9.15am)	
Fri 13 Mar	9.30am	Upton	
Sat 14 Mar	4.00pm	Blackmore Park	John Hanson – R.I.P.
Sun 15 Mar	9.00am	Upton	

3rd Sunday in Lent

4th Sunday in Lent

Stations of the Cross – after Mass on Thursdays and Fridays

Humble Thanks to our Catering Team who pulled out all the stops last week for not one but two events: the Beatitudes Reflection on Tuesday, and the Lenten Lunch on Friday! If you missed them, woe to your tum – you missed a treat!!

Our Lenten Lunches continue this **Friday (15/03) from 12-1.30pm** in the 'Church Room,' Old Street, with St Peter & St Paul's – in association with the Hook Church – dishing up the soup: all in aid of **The Friends of the Holy Land**

The series of five Lenten Reflections – **The Beatitudes – A Way of Christian Living** – continues this week at St Wulstan's, Little Malvern on **Tuesday 10th March** with the focus, Blessed are those who mourn; who thirst for justice; and who are persecuted for my sake.
The following week we will be at Our Lady & St Alphonsus, Blackmore Park (17/03); completing the cycle at St Joseph's, Malvern on Tuesday, 24th March – refreshments at 6.30pm for a 7.15pm start – concluding at 8pm.

Beginning this Thursday (12/03) we are invited to join in **Dementia Prayer Week** to pause, pray, and stand in solidarity with those living with dementia, their families, and all who care for them. It highlights the dignity of every person, reminding us that each life remains precious and loved by God, even when memory fades. You may want to use this prayer:

Loving Father,
You hold each of us in Your tender care,
even when memories fade and words are lost.
We pray for those living with dementia,
may they feel surrounded by Your peace and know
that they are always known and loved by You.
Bless those who care for them with patience, strength, and gentleness.
In moments of weariness, give them comfort;
in times of sadness, grant them hope.
May every act of care become a reflection of Your enduring love.
Through Christ our Lord.
Amen

There will be two **Penitential Services:** at St Wulstan's next Sunday 15/03 at 3pm; and at St Joseph's, Malvern on 27/03 at 7pm – with the opportunity for individual confession.

Please pray for the sick of the Parish and all who are housebound; and for the needs of the **Malvern Hills Food Bank** – listed on the noticeboard and at https://malvernhills.foodbank.org.uk/support-us/donate-food
As always, donations can be left at the back of the church, or dropped off at our local distribution point, Upton Baptist Church; or at the Malvern site – details on the website.

Health & Safety: If at any time you come across anything which is a danger to the public, in either of the Churches or grounds, please contact our Parish Health & Safety Representative Mark Fisher (07960 077117) or, if he is not available, Deacon Seán. Thank you.

Emergency contacts: Anne Rasile 01684 310317; St Wulstan's, Little Malvern 01684 574658; St George's Worcester 01905 963712

The Parish operates in accordance with Statutory Safeguarding Guidance & the National & Archdiocese's policies & procedures at all times. Our Parish Safeguarding Representative is Kevin Douglas. He can be contacted at: sg.stjoseph.malvern@rcaob.org.uk / 01886 832468 or alternatively the Diocesan Safeguarding Team can be contacted on 0121 230 6240 or safeguarding@rcaob.org.uk, if you have any concern.